November Calendar

Monthly Activity Calendars are optional for students to complete but highly encouraged! This is a great opportunity to participate with your son/daughter and teach them the importance of health and fitness!

Each day has a different exercise/activity for the students to complete. After they complete the activity they will put their initials on that day. At the end of the month parents/guardians will sign this sheet confirming that they did actually participate in exercise/activity on the day they initialed.



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This student would receive 1 entry ticket for completing 22 days!

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15-25 days completed = 1 ticket

26-31 days completed = 2 tickets

Students will be entered in a monthly drawing for a prize! Students will be chosen on the last day of each month!

Student Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Student Teacher: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_