Physical Education Permission Slip

Dear parents or guardians,

As part of our physical education program at Emerald Elementary we are fortunate enough to offer the students an opportunity to use a climbing wall. This is a traverse wall where participants climb horizontally across the wall rather than up. Each class will receive a rock wall orientation before use to cover all needed safety rules and precautions. Students must remain below the red line or disciplinary actions will occur. Students will always climb under adult supervision.

This is an exciting opportunity for the children to develop coordination, strength, flexibility and cardiovascular fitness in a unique setting. In addition to the physical benefits, students work on skills such as problem solving, goal setting, confidence building, discipline, etc.

In order for your child to participate in our climbing wall, I must have a yearly signed permission slip on file. I look forward to a great year and hope to make physical education an exciting learning experience for your child. If you have any questions or concerns, please feel free to contact me at (906) 341-4332 ext. 518 or email me at [aeisinger@manistiqueschools.org](mailto:aeisinger@manistiqueschools.org).

Sincerely,

Ashlee Eisinger, Physical Education Teacher

PERMISSION TO PARTICIPATE

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (student name) has my permission to participate in the climbing wall at Emerald Elementary. I understand that this activity involves some risk of injury and I will stress the importance of following the class safety rules when we discuss this activity at home.

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Signature of parent/guardian Date